



**Art Expedition: Italy**  
**May 9-20, 2010**  
**Oil Painting Supply List**  
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As I mentioned in an earlier article, try to keep your painting supplies to a minimum. Listed below are a few suggestions but, feel free to add if you have some favorites you cannot live without.

- ✓ One small sketch book, 8x8, 8x10, or 10x10
- ✓ A couple of ball point pens for drawing
- ✓ Assortment bristle brushes flats and filberts: #12, #10, #8, #6, #4, etc.
- ✓ Palette knife
- ✓ Canvas or gessoed panels, small: 8x10, 9x12, 11x14, 12x12, etc.
- ✓ Oil Paint, small (37ml?) tubes for all but white
  - Naples Yellow
  - Cadmium Yellow Medium
  - Cadmium Red light
  - Alizarin Crimson
  - Transparent Oxide Red
  - Yellow Ochre
  - Viridian Green
  - Ultramarine Blue
  - Titanium White (large tube size, 140-200ml). Here I would suggest bringing an “alkyd” base oil like Windsor Newton’s “Griffin” white, Gamblin’s “quick dry” white, or any other fast drying alkyd white. The reason I suggest this is that every color that the alkyd base paint is mixed with will dry faster enabling you to travel home with mostly dry paintings.
- ✓ Optional pigments might be:
  - Cadmium Yellow deep
  - Cadmium Red Deep
  - Cobalt Blue
  - Other favorites

Equipment: French easel or Pochade box, shade umbrella, mineral spirits container, sunscreen, backpack, old comfortable shoes (preferably with paint on them), hat with wide brim, small tube of hand cleaner, dark shirt and dark jacket (so the color won’t reflect back into your painting), and other equipment that will make your painting trip pleasurable.

**DO NOT PACK TURPENTINE, SOLVENTS, OR OTHER VOLATILES**

Some may be considering water based oils and that will be fine but, my experience with these is limited but, intriguing. So, feel free to bring them.